

SEPTEMBER 2023

Ellendale Public School

Monday

Tuesday

Wednesday

Thursday

Friday

Bagel

4

Hot Dog on a Bun
Baked Bean
Peaches

English Muffin

11

Chicken Patty on a Bun
Corn
Peaches

Muffins

18

Pizza
Cauliflower
Peaches

Egg Patty

25

Mini Corn Dogs
Green Beans
Peaches

French Toast

5

Chicken Alfredo
Broccoli, Dinner Roll
Oranges

Egg/Cheese Bagel

12

Beef Stroganoff
Green Bean, Biscuit
Oranges

Breakfast Pizza

19

Chicken Drumstick
Rice
Baked Bens
Oranges

Cardinal Sandwich

26

Chicken Fried Steak
Mashed Potatoes, Gravy
Oranges and Dinner Roll

Parfait

6

BBQ on a Bun
Green Beans
Pears

Pancake

13

Chicken Bowl
(Chicken, Mash. Potato,
Corn) Pears, Dinner Roll

Scrambled Eggs/Ham

20

Tater tot Hot Dish
Peas/Carrots
Pears
Dinner Roll

Hash Browns

27

Goulash
Carrots, Dinner Roll
Pears

Biscuits & Gravy

7

Scalloped Potatoes/Ham
Apples
Dinner Roll

Banana Bread

14

Spaghetti / Meat Sauce
Peas, Bread Stick
Apples

Yogurt

21

Meatballs
Mashed Potatoes/Gravy
Apples, Dinner Roll

Omelet

28

Chili
Cinnamon Bread
Apples

Breakfast Wrap

1

Chicken Strips
Tater Tots, Dinner Roll
Mixed Fruit

Cinnamon Roll

8

Grilled Cheese Sand.
Tomato Soup
Mixed Fruit

Scrambled Eggs

15

Crispitos / Cheese Sauce
Green Beans
Mixed Fruit

Long John

22

Chicken Fajita
Romaine Lettuce
Mixed fruit

Sausage

29

Cod Filet on a Bun
Waffle Fries
Mixed Fruit