

AUGUST 2026

Ellendale Public School

Daily
B - Salad Bar, Cereal, Toast, Juice
& Milk
L - Salad Bar and Milk

Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

10

11

12

13

14

17

18

19

20

21

24

Muffins

25

BBQ on a Bun
Curly Fries

Scrambled Eggs

26

Italian Dunkers with Meat Sauce
Corn

Yogurt Parfait

27

Chicken Alfredo
Broccoli
Garlic Toast

Egg Bites

28

Hot Dog on a Bun
Baked Beans
Chips

French Toast

31

Hamburger on a Bun
Tater Tots

According to the USDA MyPlate guide, what fraction of your plate should be made up of fruits and vegetables?

One half